The Preservation of Consciousness, Automatism, and Movement Control

SIR: The paper by Devinsky et al.1 contains important laterality indexed information concerning the preservation of consciousness, automatism, and movement control, which deserve to be put in a more cohesive perspective. This in turn could have helped to present the data in a more scientific manner. Specifically, I am referring to the works of Serafetinides2 on the role of the major hemisphere in preservation of consciousness and Serafetinides and Falconer3 on the role of the right (minor) hemisphere in speech automatism. The results of these large numbered and meticulously conducted studies have been confirmed in more recent times,4,5 all indicating that when a seizure occurs with speech arrest, loss of consciousness, and presence of memory of preictal events, the lesion is in the major hemisphere. As these authors recorded epileptiform EEG activity in such patients the process is epileptic by definition, and calling the process convulsive is appropriate in those in which automatic speech automatism. The results of these large numbered and meticulously conducted studies have been confirmed in more recent times,4,5 all indicating that when a seizure occurs with speech arrest, loss of consciousness, and presence of memory of preictal events, the lesion is in the major hemisphere. As these authors recorded epileptiform EEG activity in such patients the process is epileptic by definition, and calling the process convulsive is appropriate in those in which automatic speech automatism. The results of these large numbered and meticulously conducted studies have been confirmed in more recent times,4,5 all indicating that when a seizure occurs with speech arrest, loss of consciousness, and presence of memory of preictal events, the lesion is in the major hemisphere. 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extensive literature suggesting that patients with structural brain lesions (e.g., tumor, stroke, multiple sclerosis, trauma) or neurophysiological disorders such as epilepsy have an increased incidence of conversion disorder.1-4 I would also disagree about any data on lateralized ictal motor automatisms and hemispheric dominance. Rather, partial seizures with lateralized ictal motor automatisms usually start from the ipsilateral hemisphere.5

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Cognitive evaluations of individuals with hydrargyrism show disturbances that persist over the years, even after interruption of exposure to mercury1-4. Insomnia is a symptom that also persists as a sequelae5. Here, the case of a patient with depression, insomnia, and recent memory loss related to the chronic intoxication by inorganic mercury is discussed.

Case Report
About 5 years ago, a 45-year-old patient without personal or familial history of psychiatric disorders started to work in a lamp factory, where he handled inorganic mercury. Some 6 months after daily contact with the metal, he started to present with gingival hemorrhage, headache, tremors of the extremities, loss of the recent memory, insomnia, and severe depression (lack of pleasure, social withdrawal, psychomotor retardation, depressive mood, feelings of worthlessness and inappropriate guilt, irritability). Even exhibiting such a condition, the patient continued to perform the same function for 1 more year. In this way, his symptoms became more intense. After a high metal dosing in his urine (only at that moment he was submitted to this exam), 105 mg/L (nl: 25mg/L), the patient was dismissed from work. Subsequent to withdrawal from exposure, the physical symptoms disappeared; however, the neuropsychiatric symptoms continued. For 3 years, the patient remained without medical care, and he was then referred to our outpatient unit. At that time, the patient did not show detectable levels of mercury in his urine. As the patient exhibited significant depressive symptoms, he was administered sertraline. While his changes of mood improved, the dose of antidepressant was increased until it reached 250 mg/day. With this dose, the patient no longer presented with depression; however, recent memory impairment and the insomnia persisted.

Comment
Diagnosis of hydrargyrism for this patient seems unquestionable, taking into account the characteristics of the symptoms (physical and neuropsychiatric) and mercury dosing in his urine. Further evidences are the onset of the symptoms after the exposure to inorganic mercury, worsening related to the time of exposure, and improvement of the physical symptoms soon after interruption of the exposure. Nevertheless, the neuropsychiatric symptoms continued, even after exposure ended and mercury levels in the urine became normal. This phenomenon suggests that neuropsychiatric symptoms associated with poisoning by mercury are not restricted to the acute stage of intoxication but persist as sequelae1-5.

With antidepressant drug treatment, the patient presented remission of the depression symptoms. Notwithstanding remission of the depressive condition, insomnia and loss of memory did not improve with the use of the antidepressant. The continuation of these symptoms in this situation minimizes the possibility that they may be the outcome of the depression disorder, thus memory loss and insomnia seem to be related to the chronic poisoning by mercury in this case.

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Ziprasidone-Induced Pisa Syndrome after Clozapine Treatment

SIR: Pleurothotonus or Pisa syndrome is a rare dystonia, which was first described by Ekbom and co-workers in the early 1970s.\(^1\) The development of Pisa syndrome is most commonly associated with prolonged treatment with typical antipsychotics. However, the illness has also been reported, although less frequently, in patients who are receiving other medications (e.g., cholinesterase inhibitors and antiepileptics), in those not receiving medication (idiopathic Pisa syndrome), and in those with neurodegenerative disorders. Drug-induced Pisa syndrome develops predominately in females and older patients with organic brain disorder.\(^2\) It sometimes occurs following the addition of another antipsychotic drug to an established regimen of antipsychotics, or it insidiously arises in antipsychotic-treated patients for no apparent reason. Recently, this adversity has been associated with atypical antipsychotics, such as clozapine, sertindole, olanzapine, and risperidone.\(^3\) Clinical characteristics suggest that the underlying pathophysiology of drug-induced Pisa syndrome is complex. A dopaminergic-cholinergic imbalance or serotonergic or noradrenergic dysfunction may be implicated.\(^2\) Pisa syndrome during ziprasidone therapy has not been documented in the literature. Herein, we present a case of ziprasidone-induced Pisa syndrome.

A 38-year-old female patient with schizophrenia (meeting DSM-IV criteria) developed side effects (sedation, weight gain, salivation) during clozapine treatment (275 mg/day). Because of the persisting side effects, the clozapine therapy was discontinued, and ziprasidone, 20 mg twice daily, was started. After 2 weeks, the ziprasidone dose was increased to 40 mg twice daily. On day 18, the patient developed acute truncal dystonia, with predominantly unilateral distribution that led to a left-sided lean and backward rotation, classically referred to as the Pisa syndrome. Ziprasidone was reduced to 20 mg twice daily at day 20 and discontinued on day 24, without improvement in motor abnormality. Successfully, treatment with amisulpride began (day 21, 50 mg; day 24, 100 mg). Blood tests, an electroencephalogram, and a tomography (CT) of the brain revealed no abnormal findings. After an additional 14 days, the patient began responding to withdrawal; and symptoms disappeared.

A constellation of putative risk factors for development of Pisa syndrome was found in this case: female gender and previous treatment with typical and atypical neuroleptics (the medical history revealed an approximately 9-year-long previous treatment with typical and atypical neuroleptics). We hypothesize that clozapine medication that was subsequent to a long treatment with typical neuroleptics led to dopaminergic hypersensitivity. In the cortices of rat brains, ziprasidone and clozapine are capable of increasing dopamine (DA) release, and ziprasidone is an agonist at the 5-HT1A receptor, which is believed to occur pre- and postsynaptically.\(^5\) These mechanisms might play a role in our patient, and we recommend cautious use of neuroleptic drugs in patients with risk factors.

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References

LETTERS
